

Chef-mate Country Sausage Gravy

INGREDIENTS:

WATER, PORK, SOYBEAN OIL, BLEACHED ENRICHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORNSTARCH, 2% OR LESS OF SALT, SUGAR, DIPOTASSIUM PHOSPHATE, SODIUM CASEINATE, SODIUM STEAROYL LACTYLATE, MALTODEXTRIN, SPICE, CARMEL COLOR, DISODIUM GUANYLATE, DISODIUM INOSINATE, NATURAL FLAVORS, AUTOLYZED YEAST EXTRACT, CELLULOSE GUM, CALCIUM LACTATE, LACTIC ACID, SUCCINIC ACID, SODIUM CITRATE, CORN SYRUP SOLIDS.

ALLERGENS:

CONTAINS: WHEAT, MILK INGREDIENTS.

Nutritional Fact

	Per 1/4 cup (62 g)	Daily Value (%)	Per 100 g
Calories	90 calories		145 calories
Total Fat	7 g	9	12.5 g
Saturated Fat	2 g	10	3.2 g
Trans Fat	0 g		0 g
Polyunsaturated Fat	2 g		
Monounsaturated Fat	2 g		
Cholesterol	10 mg	3	24 mg
Sodium	250 mg	11	387 mg
Carbohydrate	4 g	1	3.2 g
Dietary Fiber	0 g	0	0 g
Sugars	0 g		0 g
Protein	2 g		3.2 g
Vitamin D	0 mcg	0	0 mg
Calcium	0 mg	0	0 mg
Iron	0.1 mg	0	0 mg
Potassium	85 mg		0 mg

% daily values are based on a 2,000 calorie diet

Chef-mate Chili with Beans

INGREDIENTS:

WATER, BEEF, BEANS, TOMATO PUREE (WATER, TOMATO PASTE), 2% OR LESS OF SPICES, MODIFIED CORNSTARCH, SALT, TEXTURED VEGETABLE PROTEIN (SOY FLOUR, CARAMEL COLOR), PAPRIKA, SUGAR, CARAMEL COLOR, SOY LECITHIN POWDER, NATURAL FLAVORS.

CONTAINS: SOY INGREDIENTS.

Allergens

SOY

Nutritional Fact

	Per 1 cup (247 g)	Daily Value (%)	Per 100 g
Calories	450 calories		177 calories
Total Fat	26 g	33	10.7 g
Saturated Fat	11 g	55	4.4 g
Trans Fat	1 g		0.5 g
Cholesterol	50 mg	17	20 mg
Sodium	1180 mg	51	478 mg
Carbohydrate	34 g	12	13.8 g
Dietary Fiber	6 g	21	2.5 g
Sugars	3 g		1.3 g
Added Sugars	1 g	2	0.6 g
Protein	19 g		7.6 g
Vitamin D	0 mcg	0	0 mcg
Calcium	60 mg	4	25 mg
Iron	4.6 mg	25	1.9 mg
Potassium	360 mg	6	149 mg

% daily values are based on a 2,000 calorie diet