

# GENERAL TSO'S CHICKEN

## ENTRÉE

### General Tso's Chicken

Crispy battered, fully cooked tempura chicken thigh tossed in a spicy Asian BBQ Sauce.

**0g**  
**TRANS FAT** | **NO**  
**MSG**



#### Features

Complete kit includes chicken and sauce

Approximately 30 pieces per pound

A proprietary "double pass tempura batter coating" that includes corn starch

36%-48% Batter pick up protein

#### Benefits

No heat preparation required for Behind the Glass display. Simply thaw, mix & display

Larger pieces for an appealing cold case display

Spicy General Tso's sauce complements batter without making it soggy

Perfect batter to meat ratio creates restaurant quality dishes every time

# Product Specifications



## General Tso's Chicken

Item Number: 40400

### Product Description:

Fully cooked crispy tempura chicken thigh with General Tso's sauce.

### Ingredient Statement:

CHICKEN THIGH MEAT with Water, Modified Food Starch, Soy Protein Concentrate, Salt, Natural Flavorings, Sodium Phosphate, Sugar, Citric Acid. BATTER: Water, Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Corn Starch, Whole Powdered Egg (Egg Whites, Egg Yolks, Corn Syrup, Salt), Soybean Oil, Baking Powder (Sodium Bicarbonate, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Salt, Natural Flavoring. Batter Set in Soybean Oil. GENERAL TSO'S SAUCE: Sucrose, Water, Soy Sauce (Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate (Preservative)), Modified Food Starch, Rice, Salt, Dextrose, Spices, Sesame Seeds, Corn Syrup, Soybean Oil, Red Chili Peppers, Corn Syrup Solids, Garlic, Dehydrated Garlic, Garlic Juice, Lactic Acid, Caramel Color, Xanthan Gum, Chicken Flavor (Salt, Hydrolyzed Corn Gluten, Wheat Gluten, Soy Protein, Sugar, Chicken Fat, Corn Starch, Partially Hydrogenated Cottonseed Oil, Tapioca, Maltodextrin, Dehydrated Onion, Autolyzed Yeast Extract, Disodium Inosinate, Disodium Guanylate, Turmeric, Thiamine Hydrochloride and Lactic Acid), Natural Flavor, Vinegar, Sodium Benzoate (Preservative), Disodium Inosinate And Disodium Guanylate, Phosphoric Acid, Citric Acid.  
Contains Soy, Wheat and Egg.

### Preparation Instructions: These products are not ready to eat. Please follow the appropriate instructions.

CHICKEN: From frozen, deep fry at 350°F for 4-5 minutes. SAUCE: Thawing Instructions: Place pouches in cold water for 10 minutes. Microwave: Vent pouches and microwave for 10-12 minutes. Combitherm/Steamer: In pouch for 30 minutes. Boil: In pouch for 12 minutes. Combine heated chicken and heated sauce. \*Temperature should be at least 165°F.

### Pack Facts:

<b>Pack:</b>	4/2 lb Chicken, 4/2 lb Sauce
<b>Piece Count/Pkg:</b>	Not Applicable
<b>Piece Count/Case:</b>	Not Applicable
<b>Case Net Wt (Lbs):</b>	16
<b>Case Gross Wt (Lbs):</b>	17.5
<b>Case Dimension:</b>	16.25" x 10.375" x 6.5"
<b>Case Cube:</b>	0.63
<b>Cases/Pallet Layer:</b>	10
<b>Layers/Pallet:</b>	7
<b>Cases/Pallet:</b>	70
<b>Package Dimension:</b>	" x " x "
<b>UPC:</b>	00695119404001
<b>GTIN:</b>	10695119404008

### Shelf Life: Product must be kept refrigerated or frozen

<b>Frozen:</b>	18 months
<b>Refrigerated:</b>	3 days
<b>Holding @140° F:</b>	2 hours
<b>Ambient Storage:</b>	

### Nutrition Facts

Serving Size (100 g)

Servings Per Container:

Amount Per Serving

<b>Calories</b>	240	<b>Calories from Fat</b>	35
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		% Daily Value	
<b>Total Fat</b>		4 g	6%
Saturated Fat		1 g	5%
Trans Fat		0 g	
<b>Cholesterol</b>		30 mg	9%
<b>Sodium</b>		450 mg	19%
<b>Total Carbohydrate</b>		43 g	14%
Dietary Fiber		0 g	0%
Sugars	22 g		
<b>Protein</b>	9 g		
Vitamin A	4%	Vitamin C	0%
Calcium	2%	Iron	4%

# PORK EGG ROLLS



## APPETIZER

### Pork Egg Rolls

Crunchy golden brown egg rolls filled with a mixture of pork, cabbage, carrots, celery and onion.

**0g** | **NO**  
**TRANS FAT** | **MSG**

#### *Features*

IQF (Individually Quick Frozen) egg rolls

Made with just the right amount of pork

Pre-browned

#### *Benefits*

No heat preparation required. Simply display in the cold case

Great pork flavor

Crispy, golden color without frying

# Product Specifications



## Pork Egg Roll

Item Number: 60042

### Product Description:

Lean cut pork combined with fresh vegetables and authentic Asian spices carefully rolled in a traditional egg roll wrapper.

### Ingredient Statement:

Cabbage, Enriched Bleached Flour ([Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Calcium Propionate, Malted Barley Flour), Pork, Water, Onion, Carrots, Celery, Enriched Durum Flour (Wheat Flour, Niacin, Ferrous Sulphate, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Potatoes, Dried Whole Egg, Vegetable Oil (Soybean and/or Cottonseed and/or Corn and/or Canola Oil), Dried Orange Pulp, Wheat Gluten, Guar Gum, Cornstarch. Fried in Vegetable Oil Soybean and/or Cottonseed and/or Corn and/or Canola Oil).  
Contains: Wheat, Barley and Egg

### Preparation Instructions: These products are not ready to eat. Please follow the appropriate instructions.

Prepare from frozen. Preparation instructions are based on 12 pieces. Appliances may vary, adjust accordingly. Refrigerate or discard any unused portion.

Conventional Oven (400°F / 205°C): Bake for 20 - 21 minutes if frozen; 14 - 15 minutes if thawed.

Deep Fryer (350°F / 175°C): Deep fry for 8 - 9 minutes if frozen; 6 - 6 1/2 minutes if thawed.

Convection Oven (350°F / 175°C): Bake for 16 - 17 minutes if frozen; 11 - 12 minutes if thawed.

Roller Grill (185°F / 85°C): Heat for 50-60 minutes if frozen.

### Pack Facts:

<b>Pack:</b>	50/3oz
<b>Piece Count/Pkg:</b>	Not Applicable
<b>Piece Count/Case:</b>	50
<b>Case Net Wt (Lbs):</b>	9.375
<b>Case Gross Wt (Lbs):</b>	10.875
<b>Case Dimension:</b>	11.375" x 7.375" x 7.375"
<b>Case Cube:</b>	0.36
<b>Cases/Pallet Layer:</b>	20
<b>Layers/Pallet:</b>	7
<b>Cases/Pallet:</b>	140
<b>Package Dimension:</b>	" x " x "
<b>UPC:</b>	00695119600427
<b>GTIN:</b>	10695119600424

### Nutrition Facts

Serving Size 1 egg roll (85 grams)

Servings Per Container: 50

Amount Per Serving

<b>Calories</b>	150	<b>Calories from Fat</b>	60
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		% Daily Value	
<b>Total Fat</b>		6 g	10%
Saturated Fat		2 g	9%
Trans Fat		0 g	0%
<b>Cholesterol</b>		10 mg	3%
<b>Sodium</b>		420 mg	17%
<b>Total Carbohydrate</b>		19 g	6%
Dietary Fiber		2 g	7%
Sugars	3 g		
<b>Protein</b>	5 g		
Vitamin A	10%	Vitamin C	8%
Calcium	4%	Iron	8%

### Shelf Life: Product must be kept refrigerated or frozen

<b>Frozen:</b>	438 days
<b>Refrigerated:</b>	3 days
<b>Holding @140° F:</b>	3 hours
<b>Ambient Storage:</b>	

# SEAFOOD RANGOONS



## APPETIZER

### Seafood Rangoons

Surimi and soft cream cheese wrapped in a crispy wonton shell.

**0g** | **NO**  
**TRANS FAT** | **MSG**

#### Features

Hand-wrapped Rangoon

Original recipe with creamy filling and palate pleasing flavors

Conveniently packed in 5/25ct bags

For best results, reheat in deep fryer or oven

#### Benefits

A superb quality appetizer that is scratch ready

A traditional favorite

Pull as many or as few as needed

COMPLIMENT WITH OUR READY TO USE SAUCES:

Red Sweet & Sour - Item #34519

Peking Sweet & Sour - Item #34513

# Product Specifications



## Seafood Rangoon

Item Number: 37451

### Product Description:

Imitation crab meat and soft cream cheese wrapped in a crispy wonton shell.

### Ingredient Statement:

FILLING: Cream Cheese Spread [Milk, Cream, Bacterial Culture, Salt, Carob Bean and/or Xanthan and/or Guar Gums]], Imitation Crabmeat [Threadfin Bream, Water, Potato Starch, Tapioca Starch, Corn Starch, Salt, Sugar, Mirin (Rice Wine), Sorbitol, Soybean Oil, Textured Soy Protein, Crab Extract, Artificial Crab Flavour, Colour, Oleoresin Of Paprika], Sugar, Soy Sauce (Water, Wheat, Soybeans, Salt, Sodium Benzoate), Flavours, Crab Flavour (Maltodextrin, Salt and Crab Extract). WRAPPER: Wheat Flour, Water, Corn Starch, Salt, Egg, Colour, Sodium Benzoate. Fried in Refined Soybean Oil.  
Contains: Egg, Threadfin Bream, Milk, Crab, Soy and Wheat.

### Preparation Instructions: These products are not ready to eat. Please follow the appropriate instructions.

Deep Fry Method: Heat oil to 325°F. Deep fry for approximately 5 minutes, or until golden brown. Oven Method: Preheat oven to 350°F. Place product on cookie sheet. Bake for 6 - 7 minutes. Turn product over and bake for another 6 - 7 minutes until product is crispy. Turbo Chef Oven Method: Preheat oven. Place product on a cookie sheet. Bake for approximately 1 1/2 - 2 minutes. Not recommended for microwave. Consumer Reheat Instructions: Microwave on high for 8-12 seconds or until hot.

### Pack Facts:

<b>Pack:</b>	5/25ct
<b>Piece Count/Pkg:</b>	25
<b>Piece Count/Case:</b>	125
<b>Case Net Wt (Lbs):</b>	7.8
<b>Case Gross Wt (Lbs):</b>	8.8
<b>Case Dimension:</b>	15.63" x 7.5" x 6.63"
<b>Case Cube:</b>	0.45
<b>Cases/Pallet Layer:</b>	15
<b>Layers/Pallet:</b>	8
<b>Cases/Pallet:</b>	120
<b>Package Dimension:</b>	" x " x "
<b>UPC:</b>	
<b>GTIN:</b>	00695119374519

### Nutrition Facts

Serving Size 3 pieces (85 grams)

Servings Per Container:

Amount Per Serving

**Calories** 280 **Calories from Fat** 110

% Daily Value		
<b>Total Fat</b>	13 g	20%
Saturated Fat	5 g	25%
Trans Fat	0 g	0%
<b>Cholesterol</b>	30 mg	10%
<b>Sodium</b>	450 mg	19%
<b>Total Carbohydrate</b>	33 g	11%
Dietary Fiber	1 g	4%
Sugars	3 g	
<b>Protein</b>	7 g	
Vitamin A	6%	Vitamin C 0%
Calcium 4%		Iron 10%

### Shelf Life: Product must be kept refrigerated or frozen

<b>Frozen:</b>	18 months
<b>Refrigerated:</b>	3 days
<b>Holding @140° F:</b>	3 hours
<b>Ambient Storage:</b>	N/A

# SESAME ORANGE CHICKEN



## ENTRÉE

### Sesame Orange Chicken

Crispy battered, fully cooked tempura chicken breast tossed in a sweet sesame orange sauce. Packets of sesame seeds included for garnish.

**0g** | **NO**  
**TRANS FAT** | **MSG**

#### Features

Complete kit includes chicken, sauce and garnish

Approximately 30 pieces per pound

A proprietary "double pass tempura batter coating" that includes corn starch

36%-48% Batter pick up protein

#### Benefits

No heat preparation required for Behind the Glass display. Simply thaw, mix & display

Larger pieces for an appealing cold case display

Sesame Orange sauce complements batter without making it soggy

Perfect batter to meat ratio creates restaurant quality dishes every time

# Product Specifications



## Sesame Orange Chicken Breast

Item Number: 40232

### Product Description:

Frozen, fully cooked Crispy Chicken Breast with Sesame Orange Sauce. Chicken breast meat, cut, marinated, coated in a non-seasoned tempura batter and fully cooked by frying in vegetable oil. Pre-packaged Sesame Orange Sauce and Pre-packaged Sesame Seeds.

### Ingredient Statement:

TEMPURA CHICKEN BREAST: Chicken Breast Meat, Water, Cornstarch, Bleached Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid). Contains less than 2% of Dextrin, Egg Whites, Egg Yolks, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Modified Potato Starch, Nonfat Dry Milk, Rice Flour, Salt, Sodium Phosphate, Xanthan Gum. Cooked in Vegetable Oil. SESAME ORANGE SAUCE: High Fructose Corn Syrup, Water, Corn Syrup, Sugar, Soy Sauce (Water, Wheat, Soybeans, Salt), Distilled Vinegar, Food Starch – Modified, Orange Juice Concentrate, Sesame Seed Oil, Ginger, Garlic, Salt, Paprika, Oil of Annatto, Oleoresin Paprika, Xanthan Gum, Natural and Artificial Flavor, Phosphoric Acid, Citric Acid, Potassium Sorbate. GARNISH: Sesame Seeds.  
Contains Soy, Wheat, Eggs, Milk.

### Preparation Instructions: These products are not ready to eat. Please follow the appropriate instructions.

COLD CASE PROGRAM: Place in cooler overnight. Empty protein and sauce into a bowl. Stir until completely coated. Pour desired amount into container. REHEATING FROM COLD CASE: Remove lid from bowl. Microwave on high for 2 ½ to 3 minutes or until internal temperature of largest piece reaches 165°F. HOT CASE PROGRAM: Deep fry protein at 350°F for 4-5 minutes, or heat protein in convection oven at 375°F for 10-12 minutes with no sides touching. Vent sauce pouch and microwave 10-12 minutes, or combitherm sauce in pouch for 30 minutes. Mix protein and sauce together and hold in steam table at 165°F or greater.

### Pack Facts:

<b>Pack:</b>	4/2 lb Chicken, 4/2 lb Sauce, 4/Sesame Seed Packets
<b>Piece Count/Pkg:</b>	Not Applicable
<b>Piece Count/Case:</b>	Not Applicable
<b>Case Net Wt (Lbs):</b>	16.1
<b>Case Gross Wt (Lbs):</b>	17.36
<b>Case Dimension:</b>	15.75" x 10" x 6.125"
<b>Case Cube:</b>	0.56
<b>Cases/Pallet Layer:</b>	10
<b>Layers/Pallet:</b>	10
<b>Cases/Pallet:</b>	100
<b>Package Dimension:</b>	" x " x "
<b>UPC:</b>	00695119402328
<b>GTIN:</b>	10695119402325

### Nutrition Facts

Serving Size (100 g)

Servings Per Container:

Amount Per Serving

<b>Calories</b>	180	<b>Calories from Fat</b>	35
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		<b>% Daily Value</b>
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<b>Total Fat</b>	4 g	6%
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Saturated Fat	0 g	0%
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Trans Fat	0 g	0%
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<b>Cholesterol</b>	15 mg	6%
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<b>Sodium</b>	370 mg	15%
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<b>Total Carbohydrate</b>	30 g	10%
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Dietary Fiber	0 g	0%
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Sugars	14 g	
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<b>Protein</b>	7 g	
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Vitamin A	2%	Vitamin C	2%
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Calcium	2%	Iron	4%
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### Shelf Life: Product must be kept refrigerated or frozen

<b>Frozen:</b>	18 months
<b>Refrigerated:</b>	3 days
<b>Holding @140° F:</b>	2 hours
<b>Ambient Storage:</b>	

# VEGETABLE EGG ROLLS



## APPETIZER

### Vegetable Egg Rolls

Crunchy golden brown egg rolls filled with a mixture of cabbage, carrots, bok choy, water chestnuts and bamboo shoots.

**0g**  
**TRANS FAT** | **NO**  
**MSG**



#### Features

IQF (Individually Quick Frozen) egg rolls

Packed in bulk for easy display refills

Pre-browned

#### Benefits

No heat preparation required. Simply display in the cold case

Great vegetarian option

Crispy, golden color without frying

# Product Specifications



## Vegetable Egg Roll

Item Number: 60043

### Product Description:

A golden crisp egg roll made with fresh cabbage, celery, carrots, bok choy, water chestnuts, bamboo shoots and authentic spices.

### Ingredient Statement:

Cabbage, Bleached Enriched Flour ([Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Calcium Propionate, Malted Barley Flour), Celery, Water, Carrots, Bok Choy, Water Chestnuts, Enriched Durum Flour (Wheat Flour, Niacin, Ferrous Sulphate, Thiamine Mononitrate, Riboflavin, Folic Acid), Bamboo Shoots, Salt, Vegetable Oil (Soybean and/or Cottonseed and/or Corn and/or Canola Oil, Sugar, Modified Cornstarch, Roasted Garlic Base (Roasted Garlic, Salt, Maltodextrin [From Corn], Natural Flavour, Cornstarch, Canola Oil, Sesame Oil), Spices, Dried Whole Eggs, Wheat Gluten, Toasted Sesame Oil, Onion Powder, Disodium Inosinate, Disodium Guanylate, Cornstarch. Fried in Vegetable Oil (Soybean and/or Cottonseed and/or Corn and/or Canola Oil).  
Contains: Wheat, Barley, Egg and Sesame Seeds.

### Preparation Instructions: These products are not ready to eat. Please follow the appropriate instructions.

Prepare from frozen. Preparation instructions are based on 12 pieces. Appliances may vary, adjust accordingly. Refrigerate or discard any unused portion.

Conventional Oven (400°F / 205°C): Bake for 27 - 28 minutes if frozen; 18 - 19 minutes if thawed.

Deep Fryer (350°F / 175°C): Deep fry for 8 - 9 minutes if frozen; 6 - 7 minutes if thawed.

Convection Oven (350°F / 175°C): Bake for 18 ½ - 19 minutes if frozen; 13 - 14 minutes if thawed.

Roller Grill (185°F / 85°C): Heat for 50-60 minutes if frozen.

### Pack Facts:

<b>Pack:</b>	50/3oz
<b>Piece Count/Pkg:</b>	Not Applicable
<b>Piece Count/Case:</b>	50
<b>Case Net Wt (Lbs):</b>	9.375
<b>Case Gross Wt (Lbs):</b>	10.875
<b>Case Dimension:</b>	11.375" x 7.375" x 7.375"
<b>Case Cube:</b>	0.36
<b>Cases/Pallet Layer:</b>	20
<b>Layers/Pallet:</b>	7
<b>Cases/Pallet:</b>	140
<b>Package Dimension:</b>	" x " x "
<b>UPC:</b>	00695119600434
<b>GTIN:</b>	10695119600431

### Nutrition Facts

Serving Size 1 egg roll (85 grams)

Servings Per Container: 50

Amount Per Serving

<b>Calories</b>	130	<b>Calories from Fat</b>	40
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		% Daily Value
<b>Total Fat</b>	4.5 g	7%
Saturated Fat	1 g	5%
Trans Fat	0 g	0%
<b>Cholesterol</b>	5 mg	2%
<b>Sodium</b>	450 mg	19%
<b>Total Carbohydrate</b>	20 g	7%
Dietary Fiber	2 g	7%
Sugars	2 g	
<b>Protein</b>	3 g	

Vitamin A	30%	Vitamin C	10%
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Calcium	4%	Iron	6%
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### Shelf Life: Product must be kept refrigerated or frozen

<b>Frozen:</b>	395 days
<b>Refrigerated:</b>	3 days
<b>Holding @140° F:</b>	3 hours
<b>Ambient Storage:</b>	

# VEGETABLE FRIED RICE



## SIDE DISH

### Vegetable Fried Rice

A palette pleasing blend of rice, carrots, onions, scrambled eggs, diced red peppers, green peas and seasoning.

**0g**  
**TRANS FAT** | **NO**  
**MSG**



#### Features

Fully cooked

Easy preparation for merchandising in a cold case service

Packaged in 12-2 lb bags

Manufactured with IQF (individually quick frozen) technology

#### Benefits

Re-heat and serve from your hot service case in minutes

Re-heat and chill so that fried rice looks fresh for up to 3 days

Makes refilling displays easier

Prevents clumping when displaying and reheating

# Product Specifications



## Vegetable Fried Rice

Item Number: 29904

### Product Description:

A palette pleasing blend of rice, carrots, onions, scrambled eggs, diced red peppers, green peas and seasoning.

### Ingredient Statement:

Seasoned Rice [Cooked White Rice (Water, Rice), Soy Sauce (Water, Wheat, Soybeans, Salt), Sugar, Canola and/or Corn Oil, Salt, Soy Lecithin, Caramel Color, Sesame Seed Oil, Disodium Inosinate, Disodium Guanylate], Carrots, Onions, Cooked Scrambled Eggs [Whole Eggs, Non Fat Milk, Soybean Oil, Modified Food Starch, Salt, Xanthan Gum, Citric Acid, Natural Butter Flavor [Maltodextrin, Natural Butter Flavor, Annatto and Turmeric (added for color)], Pepper], Red Peppers, Green Peas. Contains Soy, Wheat, Eggs, Milk.

### Preparation Instructions: These products are not ready to eat. Please follow the appropriate instructions.

**COLD CASE PROGRAM:** Heat product to 165°F for at least 15 seconds, using oven or microwave instructions. Then chill rice until it reaches 40°F for at least 15 seconds, transfer rice to display bowl then garnish and display in cold case.

**OVEN OR CONVECTION OVEN:** Spray pan with oil. Empty rice into a pan and cover with foil. Bake @ 375°F for 15 minutes.

**MICROWAVE OVEN:** Poke four holes in one bag to vent steam and place in a microwave oven. Heat on "High" for 6 minutes. Knead product in bag to ensure even heating. Heat an additional 5 minutes or until hot. Heating time may vary due to microwave wattage.

### Pack Facts:

<b>Pack:</b>	12/2 lb
<b>Piece Count/Pkg:</b>	Not Applicable
<b>Piece Count/Case:</b>	Not Applicable
<b>Case Net Wt (Lbs):</b>	24
<b>Case Gross Wt (Lbs):</b>	26
<b>Case Dimension:</b>	19.25" x 11.375" x 6.8125"
<b>Case Cube:</b>	0.86
<b>Cases/Pallet Layer:</b>	8
<b>Layers/Pallet:</b>	5
<b>Cases/Pallet:</b>	40
<b>Package Dimension:</b>	" x " x "
<b>UPC:</b>	00695119299041
<b>GTIN:</b>	10695119299048

### Nutrition Facts

Serving Size 1-1/4 cup (164 g)

Servings Per Container:

Amount Per Serving

<b>Calories</b>	240	<b>Calories from Fat</b>	30
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% Daily Value

<b>Total Fat</b>		3.5 g	5%
Saturated Fat		1 g	5%
Trans Fat		0 g	
<b>Cholesterol</b>		35 mg	12%
<b>Sodium</b>		790 mg	33%
<b>Total Carbohydrate</b>		42 g	14%
Dietary Fiber		2 g	8%
Sugars	4 g		
<b>Protein</b>	9 g		
Vitamin A	10%	Vitamin C	4%
Calcium	4%	Iron	6%

### Shelf Life: Product must be kept refrigerated or frozen

<b>Frozen:</b>	18 months
<b>Refrigerated:</b>	4 days
<b>Holding @140° F:</b>	90 minutes
<b>Ambient Storage:</b>	

# VEGETABLE LO MEIN



## ENTRÉE

### Vegetable Lo Mein

A favorite Chinese dish with Lo Mein noodles, cabbage, celery, onion and carrots mixed in a savory brown sauce with a hint of soy sauce and sesame oil.

**0g** | **NO**  
**TRANS FAT** | **MSG**

#### Features

Complete kit includes noodles, vegetables and sauce

Made with fully cooked semolina wheat noodles

Lo Mein sauce pouch

#### Benefits

No heat preparation required for Behind the Glass. Simply thaw, mix & display

Perfect al dente texture

Creates appealing noodle dish with colorful display

# Product Specifications



## Vegetable Lo Mein

Item Number: 40419

### Product Description:

Packets of lo mein noodles, vegetable blend and lo mein sauce.

### Ingredient Statement:

NOODLES: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil, Natural Yellow Color (Turmeric and Annatto Color), Salt, Potassium Carbonate, Sodium Carbonate. VEGETABLES: Cabbage, Celery, Onion, Carrots. SAUCE: Soybean Oil, Sugar, Oyster Sauce (Water, Sugar, Salt, Oyster Extracts, Modified Cornstarch, Caramel), Water, Soy Sauce (Water, Wheat, Soybeans, Salt), Sesame Oil, Chicken Base [Roasted Chicken, Salt, Hydrolyzed Wheat Gluten, Flavours (Contains Hydrolyzed Corn and Wheat Gluten, Yeast Extract, Torula Yeast), Sugar, Maltodextrin, Chicken Extract, Chicken Fat, Carrot Powder, Mushroom Powder, Turmeric, Disodium Inosinate & Guanylate, Xanthan Gum], Spices, Caramel, Citric Acid, Xanthan Gum, Sodium Benzoate, Potassium Sorbate.

Contains: Oysters, Soy, Wheat and Sesame Seeds. Noodles manufactured on equipment that processes eggs.

### Preparation Instructions: These products are not ready to eat. Please follow the appropriate instructions.

PRODUCT IS NOT READY TO EAT. CONSUMERS MUST REHEAT TO 165°F/74° C OR HIGHER FOR 15 SECONDS BEFORE CONSUMPTION. MICROWAVE: Open master case and remove 1 bag noodles, 1 bag vegetables and 1 bag sauce. Poke 2-3 holes in bag of noodles and heat on high for 6 minutes. Knead noodles in bag to ensure even heating. Heat an additional 4 minutes. Poke 2-3 holes in bag of vegetables and heat on high for 6 minutes. Rotate and heat for an additional 4 minutes. Vent bag of sauce and place upright in a microwave safe container. Heat on high for 1 minute. Combine heated noodles, vegetables and sauce into a sanitized, food grade container. Toss until completely coated in sauce. STEAMER: Set on steam cycle. Thaw sauce in hot water or microwave. Place noodles in bottom of a 1/2 hotel pan. Scatter vegetables over noodles. Pour sauce over vegetables. Cover tightly with food film. Secure tightly with foil. (optional) Steam approximately 60-70 minutes or until internal temperature reaches 165°F. Remove coverings, toss & serve. CONVENTIONAL OVEN: Thaw bag of sauce in warm water for approximately 2 minutes. Preheat oven to 375°F. Grease over safe pan with cooking spray. Remove frozen noodles from bag and place into oven safe pan. Empty bag of frozen vegetables over noodles. Open sauce bag and drizzle over noodles and vegetables. Cover with foil and heat for 60 minutes or until hot, stirring once halfway through. Product must reach 165°F or higher for 15 seconds before serving.