

## chocolate milkshake

### Nutrition Facts

Serving Size: 16 fl oz as prepared Servings Per Container: 1

Amount Per Serving	
Calories 580 Calorie	s from Fat 210
<u>a</u>	% Daily Value*
Total Fat 23g	35%
Saturated Fat 14g	70%
Trans Fat 0.5g	
Cholesterol 85mg	28%
Sodium 210mg	9% Total
Carbohydrate 81g	27%
Dietary Fiber 2g	8%
Sugars 64g	
Protein 12g	
Vitamin A 20% • Vi	tamin C 8%
Calcium 40% • In	on 10%

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Water, Cocoa Processed with Alkali and Cocoa, Carob Bean Gum, Guar Gum, Carrageenan), Milk.

\*Percent Daily Values are based on a 2,000

lower depending on your calorie needs.

calorie diet. Your daily values may be higher or



## strawberry milkshake

## **Nutrition Facts**

Serving Size: 16 fl oz as prepared

Servings Per Container:	1
Amount Per Serving	
Calories 540 Calories	from Fat 200
	% Daily Value*
Total Fat 23g	35%
Saturated Fat 13g	65%
Trans Fat 0.5g	
Cholesterol 80mg	27%
Sodium 220mg	9% Total
Carbohydrate 74g	25%
Dietary Fiber 1g	4%
Sugars 61g	
Protein 13g	
Vitamin A 15% • Vita	ımin C 8%
Calcium 50% • Iror	n 2%

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Water, Strawberry Puree, Citric Acid. Natural Flavor, Carob Bean Gum, Guar Gum, Carrageenan, Beet Juice (Color)), Milk.



## vanilla milkshake

## **Nutrition Facts**

Serving Size: 16 fl oz as prepared Servings Per Container: 1

Amount Per Serving	
Calories 550 Calories fro	m Fat 200
	% Daily Value*
Total Fat 23g	35%
Saturated Fat 14g	70%
Trans Fat 0.5g	
Cholesterol 85mg	28%
Sodium 230mg	<b>10</b> % Total
Carbohydrate 73g	24%
Dietary Fiber 0g	0%
Sugars 60g	
Protein 14g	
Vitamin A 20% • Vitam	in C 10%
Calcium 50% • Iron	2%
*Percent Daily Values are based	on a 2,000

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Water, Natural and Artificial Vanilla Flavor, Carob Bean Gum, Guar Gum, Carrageenan), Milk.

calorie diet. Your daily values may be higher or

lower depending on your calorie needs.



## chocolate malt milkshake

#### Nutrition Facts

Serving Size: 16 fl oz as prepared Servings Per Container: 1

Corvings for containor.	
Amount Per Serving	
Calories 580 Calories	from Fat 210
	% Daily Value*
Total Fat 23g	35%
Saturated Fat 14g	70%
Trans Fat 0.5g	
Cholesterol 85mg	28%
Sodium 220mg	9% Total
Carbohydrate 81g	27%
Dietary Fiber 2g	8%
Sugars 64g	
Protein 12g	
Vitamin A 20% • Vita	min C 8%
Calcium 40% • Iron	10%

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Water, Cocoa Processed with Alkali and Cocoa, Natural and Artificial Flavor, Carob Bean Gum, Guar Gum, Carrageenan), Milk.



## mint chip milkshake

#### **Nutrition Facts**

Serving Size: 16 fl oz as prepared Servings Per Container: 1

Amount Per Serving	
Calories 600 Calorie	s from Fat 230
	% Daily Value*
Total Fat 26g	40%
Saturated Fat 17g	85%
Trans Fat 0.5g	
Cholesterol 80mg	27%
Sodium 220mg	9% Total
Carbohydrate 77g	26%
Dietary Fiber 1g	4%
Sugars 63g	
Protein 15g	
Vitamin A 15% • Vit	tamin C 10%
Calcium 50% • Iro	on 8%
#Description Volume are b	

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. INGREDIENTS: Ice Cream (Milk,

Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Chocolaty Chips [Sugar, Cocoa Processed with Alkali, Partially Hydrogenated Coconut Oil, Bitter Chocolate, Soybean Oil, Soy Lecithin and Salt], Water, Natural Flavor, Carob Bean Gum, Guar Gum, Carrageenan, Yellow #5, Blue #1), Milk.



## made with reese's milkshake

#### Nutrition Facts

Serving Size: 16 fl oz as prepared

Amount Per Serving Calories 640	_	ories f	rom F	at 270
odiorics 646	our	Ų1100 I		ily Value
Total Fat 30g				469
Saturated Fa	t 16	g		80%
Trans Fat 0.5	ig			
Cholesterol 80	Omg			279
Sodium 280m	g		12	% Tota
Carbohydrate	79	g		269
Dietary Fiber	1g			4%
Sugars 66g				
Protein 15g				
Vitamin A 15%		Vitar	nin C	10%
Calcium 50%		Iron	4%	

INGREDIENTS: Ice Cream (Milk, Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Reese's® Peanut Butter Cup Pieces [Milk Chocolate (Sugar, Cocoa Butter, Chocolate, Nonfat Milk, Milk Fat, Lactose, Soy Lecithin, PGPR (Emulsifier)), Peanuts, Sugar, Dextrose, Salt, TBHQ (Preserves Freshness)], Hershey's® Milk Chocolate Chips [Milk Chocolate (Sugar, Chocolate, Nonfat Milk, Cocoa Butter, Milk Fat, Soy Lecithin, Artificial Flavor)], Reese's® Peanut Butter [Peanuts, Peanut Oil, Sugar, Salt, Cornstarch], Water, Natural and Artificial Vanilla Flavor, Carob Bean Gum, Guar Gum, Carrageenan), Milk.

The Reese's trademark and trade dress and peanut butter cups and design are used under license.





## cookies 'n cream milkshake



## blueberry raspberry pomegranate smoothie



## mango smoothie



# strawberry banana smoothie



coffee frozen cappuccino

## Nutrition Facts

Serving Size: 16 fl oz as prepared Servings Per Container: 1

Amount Per Serving	
Calories 600 Calories	from Fat 220
	% Daily Value*
Total Fat 24g	37%
Saturated Fat 14g	70%
Trans Fat 0.5g	
Cholesterol 80mg	27%
Sodium 290mg	12% Total
Carbohydrate 82g	27%
Dietary Fiber 1g	4%
Sugars 64g	
Protein 13g	

Vitamin A 15% • Vitamin C 10%
Calcium 50% • Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Ice Cream (Milk. Cream, Buttermilk, Sugar, Corn Syrup, Skim Milk, Chocolate Sandwich Cookies [Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean, Palm, Palm Kernel Oil with TBHQ for Freshness), Cocoa Processed with Alkali, Invert Sugar, Yellow Corn Flour, Chocolate, Cornstarch, Salt, Leavening (Sodium Bicarbonate, Monocalcium Phosphate), Whey, Natural and Artificial Flavor, Soy Lecithin], Water, Natural and Artificial Vanilla Flavor, Carob Bean Gum, Guar Gum, Carrageenan), Milk.

### **Nutrition Facts**

Serving Size: 16 fl oz as prepared Servings Per Container: 1

Servings Per Container: 1	
Amount Per Serving	
Calories 260	
%	Daily Value*
Total Fat Og	0%
Sodium 55mg	2% Total
Carbohydrate 63g	21%
Dietary Fiber 3g	12%
Sugars 60g	
Protein 3g	
Vitamin A 20% • Vitamin	C 25%
Calcium 10% • Vitamin	E 20%
Riboflavin 30% • Niacin 2	20%
Vitamin B6 20% • Vitamin I	B12 25%

Not a significant source of calories from fat,

saturated fat, trans fat, cholestrol and iron.

\*Percent Daily Values are based on a 2 000

lower depending on your calorie needs.

calorie diet. Your daily values may be higher or

INGREDIENTS: Water, Skim Milk, Blueberries, Raspberries, Sugar, Blueberry Puree Concentrate, Raspberry Puree Concentrate, Pomegranate Juice Concentrate, Fructose, Dextrose, Natural Flavors, Citric Acid, Dietary Fiber (Chicory), Guar Gum, Vitamin C (Sodium Ascorbate), Vitamin A (Palmitate), Vitamin E (di-alpha-Tocopheryl Acetate), Niacin (Niacinamide), Vitamin B2 (Riboflavin), Vitamin B6 (Pyridoxine), Vitamin B12 (Cyanocobalamin).

## **Nutrition Facts**

Serving Size: 16 fl oz as prepared Servings Per Container: 1

Amount Per Serving	
Calories 280	
	% Daily Value
Total Fat Og	09
Sodium 40mg	2% Tota
Carbohydrate 70g	239
Dietary Fiber 3g	12%
Sugars 66g	
Protein 2g	
Vitamin A 4004 . Vita	min C 200%

Vitamin A 40% • Vitamin C 200% Calcium 10%

Not a significant source of calories from fat, saturated fat, trans fat, cholestrol and iron.

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Water, Skim Milk, Mango Puree, Sugar, Pineapple Juice Concentrate, Passion Fruit Juice Concentrate, Fructose, Dextrose, Dietary Fiber (Chicory), Citric Acid, Guar Gum, Vitamin C (Sodium Ascorbate), Calcium (Tricalcium Phosphate), Natural Flavor.

## **Nutrition Facts**

Serving Size: 16 fl oz as prepared Servings Per Container: 1

Amount Per Serving	
Calories 270	
	% Daily Value
Total Fat Og	09
Sodium 50mg	2% Tota
Carbohydrate 65g	229
Dietary Fiber 3g	12%
Sugars 60g	
Protein 3g	
Vitamin A 20% • Vitar	min C 130%
Calcium 10% • Vita	min E 20%
Zinc 20%	
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Not a significant source of calories from fat, saturated fat, trans fat, cholestrol and iron.

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Water, Strawberries, Sugar, Banana Puree, Skim Milk, Fructose, Dextrose, Dietary Fiber (Chicory), Citric Acid, Guar Gum, Natural Flavor, Vitamin A (Palmitate), Vitamin E (di-alpha-Tocopheryl Acetate), Vitamin C (Sodium Ascorbate), Zinc (Zinc Sulfate).

#### Nutrition Facts Serving Size: 16 fl oz as prepared

Servings Per Cor	Ildii	ner.	1		
Amount Per Serving					
Calories 310	Calo	ries	from	Fat	30
			% Da	iily Va	lue*
Total Fat 3.5g					5%
Saturated Fat :	2g			10%	5
Cholesterol 10r	ng				3%
Sodium 150mg			6	% To	otal
Carbohydrate	598	5		2	0%
Sugars 58g					
Protein 10g					
Vitamin A 2%	•	Vitar	min C	8%	
Calcium 35%					

Not a significant source of trans fat, dietary fiber and iron.

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Skim Milk, Sugar, Brewed Coffee (Water, Coffee), Water, Cream, Guar Gum.

