



PRODUCT SPECIFICATION SHEET

PRODUCT NAME: IW Banana Nut Down Home Muffin 4.5oz

PCB PRODUCT NUMBER: 452

OUTER CASE UPC: 7-97884-45220-8

INNER TRAY UPC: 7-97884-45219-2

INDIVIDUAL PRODUCT UPC: 7-97884-45818-7

CASE PACK: 8/6 PKS

CASE SHIPPING WEIGHT: 17.2 lb

CASE NET WEIGHT: 13.5 lb

CASE CUBE: 1.33 ft³

OUTER CASE DIMENSIONS: 17.06"x11.56"x11.63"

INNER TRAY DIMENSIONS: 10.83"x8.13"x2.60"

INDIVIDUAL PRODUCT DIMENSIONS: 3.25"x3.5"x2.5"

PALLET: 40" x 48" standard GMA pallet; 9 cases per layer, 8 layers, 72 per pallet.

STORAGE REQUIREMENTS: Below 10°F

SHELF LIFE: 18 Months

THAWED SHELF LIFE: 45 Days

INGREDIENTS: Sugar, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Water, Bananas, Eggs, Bleached Enriched Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Walnuts, Contains 2% Or Less Of: High Fructose Corn Syrup, Food Starch-Modified, Whey, Mono-And Diglycerides, Glycerine, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Potassium Sorbate And Sodium Propionate (As Preservatives), Artificial Flavors, Salt, Nonfat Milk, Citric Acid, Enzymes.

ALERGINS: Wheat, Eggs, Milk, Soy. This product has been processed on equipment that processes products containing nuts.

Kosher: Yes

Country of Origin: USA



Nutrition Facts

1 Servings Per Container
Serving size 1 Muffin (128g)

Amount per serving

Calories **450**

% Daily Value*

Total Fat 22g **28%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 45mg **15%**

Sodium 390mg **17%**

Total Carbohydrate 58g **21%**

Dietary Fiber 1g **4%**

Total Sugars 28g

Includes 25g Added Sugars **50%**

Protein 6g

Vitamin D 0mcg **0%**

Calcium 38mg **2%**

Iron 2mg **10%**

Potassium 273mg **6%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Piece



Tray



Case

July 2018



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100 Fairway Dr. #138 – Vernon Hills, IL 60061

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PRODUCT SPECIFICATION SHEET

PRODUCT NAME: IW The bigger BIG Cinnamon Roll 6oz

PCB PRODUCT NUMBER: 559

OUTER CASE UPC: 7-97884-55920-4

INNER TRAY UPC: 7-97884-55919-8

INDIVIDUAL PRODUCT UPC: 7-97884-56018-7

CASE PACK: 8/6 PKS

CASE SHIPPING WEIGHT: 21.7 lb

CASE NET WEIGHT: 18.0 lb

CASE CUBE: 2.09 ft³

OUTER CASE DIMENSIONS: 18.94" x 13.56" x 14.06"

INNER TRAY DIMENSIONS: 13.08" X 8.82" X 3.16"

INDIVIDUAL PRODUCT DIMENSIONS: 4.0" x 4.0" x 2.5"

PALLET: 40" x 48" standard GMA pallet; 7 cases per layer, 6 layers, 42 per pallet.

STORAGE REQUIREMENTS: Below 10°F

SHELF LIFE: 18 Months

THAWED SHELF LIFE: 45 Days



INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Margarine (Palm Oil, Water, Soybean Oil, Salt, Contains Less Than 2% Of Mono- And Diglycerides, Soy Lecithin, Sodium Benzoate [Preservative], Citric Acid, Natural And Artificial Flavor, Beta Carotene [Color], Vitamin A Palmitate, Vitamin D3), Sugar, Water, Eggs, High Fructose Corn Syrup, Egg Whites, Contains 2% Or Less Of: Corn Syrup, Brown Sugar, Yeast, Cinnamon, Salt, Food Starch-Modified, Glycerine, Monoglycerides, Mono- And Diglycerides, Palm Oil, Soy Lecithin, Tapioca Dextrin, Microcrystalline Cellulose, Calcium Propionate And Potassium Sorbate (As Preservatives), Sodium Stearoyl Lactylate, Natural Flavors, Whey, Agar, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Titanium Dioxide (For Color), Nonfat Milk, Ascorbic Acid.

Nutrition Facts

2 Servings Per Container

Serving size

1/2 Roll (85g)

	1/2 Roll		Entire Roll	
	320		630	
	% Daily Value*		% Daily Value*	
Calories				
Total Fat	17g	22%	34g	43%
Saturated Fat	7g	34%	14g	68%
Trans Fat	0g		0g	
Cholesterol	25mg	8%	45mg	15%
Sodium	480mg	21%	960mg	42%
Total Carbohydrate	38g	14%	76g	28%
Dietary Fiber	1g	2%	1g	4%
Total Sugars	18g		35g	
Includes Added Sugars	17g	35%	35g	69%
Protein	4g		9g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	23mg	2%	47mg	4%
Iron	2mg	8%	3mg	15%
Potassium	65mg	2%	131mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALERGINS: Wheat, Eggs, Milk, Soy. This product has been processed on equipment that processes products containing nuts.

Kosher: Yes

Country of Origin: USA



Piece



Tray



Case

July 2018



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PRODUCT SPECIFICATION SHEET

PRODUCT NAME: IW Bursting Blueberry Down Home Muffin 4.5oz

PCB PRODUCT NUMBER: 451

OUTER CASE UPC: 7-97884-45120-1

INNER TRAY UPC: 7-97884-45119-5

INDIVIDUAL PRODUCT UPC: 7-97884-45718-0

CASE PACK: 8/6 PKS

CASE SHIPPING WEIGHT: 17.2 lb

CASE NET WEIGHT: 13.5 lb

CASE CUBE: 1.33 ft³

OUTER CASE DIMENSIONS: 17.06"x11.56"x11.63"

INNER TRAY DIMENSIONS: 10.83"x8.13"x2.60"

INDIVIDUAL PRODUCT DIMENSIONS: 3.25"x3.5"x2.5"

PALLET: 40" x 48" standard GMA pallet; 9 cases per layer, 8 layers, 72 per pallet.

STORAGE REQUIREMENTS: Below 10°F

SHELF LIFE: 18 Months

THAWED SHELF LIFE: 45 Days

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Blueberries, Soybean Oil, Eggs, Bleached Enriched Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Contains 2% Or Less Of: Food Starch-Modified, Whey, Glycerine, Mono- And Diglycerides, Artificial Flavors, Potassium Sorbate And Sodium Propionate (As Preservatives), Nonfat Milk, Salt, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Citric Acid, Enzymes.

ALERGINS: Wheat, Eggs, Milk, Soy. This product has been processed on equipment that processes products containing nuts.

Kosher: Yes

Country of Origin: USA



Nutrition Facts

1 Servings Per Container
Serving size 1 Muffin (128g)

Amount per serving

Calories 440

	% Daily Value*
Total Fat 20g	26%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 300mg	13%
Total Carbohydrate 58g	21%
Dietary Fiber 1g	4%
Total Sugars 30g	
Includes 27g Added Sugars	54%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 35mg	2%
Iron 2mg	10%
Potassium 223mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Piece



Tray



Case

June 2018



100 Fairway Dr. #138 – Vernon Hills, IL 60061

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PRODUCT SPECIFICATION SHEET

PRODUCT NAME: IW Blueberry Strudel Turnover 4.5oz

PCB PRODUCT NUMBER: 516

OUTER CASE UPC: 7-97884-51620-7

INNER TRAY UPC: 7-97884-51619-1

INDIVIDUAL PRODUCT UPC: 7-97884-51618-4

CASE PACK: 8/6 PKS

CASE SHIPPING WEIGHT: 16.3 lb

CASE NET WEIGHT: 13.5 lb

CASE CUBE: 1.33 ft³

OUTER CASE DIMENSIONS: 17.06" x 11.56" x 11.63"

INNER TRAY DIMENSIONS: 10.83" X 8.13" X 2.60"

INDIVIDUAL PRODUCT DIMENSIONS: 6.75" x 3" x 1.5"

PALLET: 40" x 48" standard GMA pallet; 9 cases per layer, 8 layers, 72 per pallet.

STORAGE REQUIREMENTS: Below 10°F

SHELF LIFE: 18 Months

THAWED SHELF LIFE: 45 Days



INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Blueberry Filling (High Fructose Corn Syrup, Sugar, Blueberries, Water, Modified Corn Starch, Contains 2% Or Less Of The Following: Citric Acid, Gellan Gum, Sodium Citrate, Natural Flavor, Sodium Benzoate [Used As A Preservative], Red 40, Blue 1), Margarine (Palm Oil, Soybean Oil, Water, Salt, Contains Less Than 2% Of: Mono- And Diglycerides, Soy Lecithin, Sodium Benzoate [A Preservative], Citric Acid, Natural & Artificial Flavor, Vitamin A Palmitate, Beta Carotene [Color], Vitamin D3, Whey), Sugar, Water, Neufchatel Cheese (Cultured Pasteurized Milk And Cream, Salt, Carob Bean Gum), Eggs, High Fructose Corn Syrup, Corn Syrup, Contains 2% Or Less Of: Yeast, Glycerine, Whey, Palm Oil, Soy Lecithin, Salt, Microcrystalline Cellulose, Monoglycerides, Food Starch-Modified, Tapioca Dextrin, Nonfat Milk, Calcium Propionate And Potassium Sorbate (As Preservatives), Natural And Artificial Flavors, Sodium Stearoyl Lactylate, Agar, Lactic Acid, Lemon Juice Concentrate, Calcium Lactate, Titanium Dioxide (For Color), Ascorbic Acid.

ALLERGENS: Wheat, Eggs, Milk, Soy. This Product Has Been Processed On Equipment That Processes Products Containing Tree Nuts

Kosher: Yes

Country of Origin: USA

Nutrition Facts

2 Servings Per Container

Serving size

1/2 Strudel (64g)

Calories	Half Strudel		Whole Strudel	
	220		430	
	% Daily Value*		% Daily Value*	
Total Fat	10g	13%	20g	26%
Saturated Fat	4g	20%	8g	40%
Trans Fat	0g		0g	
Cholesterol	20mg	7%	35mg	12%
Sodium	270mg	12%	540mg	23%
Total Carbohydrate	29g	11%	58g	21%
Dietary Fiber	0g	0%	1g	4%
Total Sugars	16g		32g	
Includes Added Sugars	15g	30%	30g	60%
Protein	3g		6g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	18mg	2%	36mg	2%
Iron	1mg	6%	2mg	10%
Potassium	59mg	2%	117mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Piece



Tray



Case

July 2018



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PRODUCT SPECIFICATION SHEET

PRODUCT NAME: Bulk Creamy Cheese Coffee House Danish

PCB PRODUCT NUMBER: 571

OUTER CASE UPC: 007-97884-57120-6

INNER PACK UPC: 007-97884-57119-0

INDIVIDUAL PRODUCT UPC: N/A

CASE PACK: 24/4 oz Danish

CASE SHIPPING WEIGHT: 7.9 lb

CASE NET WEIGHT: 6 lb

CASE CUBE: 0.80 ft³

OUTER CASE DIMENSIONS: 20.62" x 10.62" x 6.37"

INNER PACK DIMENSIONS: 9.88" x 9.8" x 1.88"

PALLET: 40" x 48" standard GMA pallet; 8 cases per layer, 12 layers, 96 per pallet.

STORAGE REQUIREMENTS: Below 10°F

SHELF LIFE: 18 Months

THAWED SHELF LIFE: 1 Days (out of pack), 3 Days (in pack)



INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Margarine (Palm Oil, Water, Soybean Oil, Salt, Contains Less Than 2% Of Mono- And Diglycerides, Soy Lecithin, Sodium Benzoate [Preservative], Citric Acid, Natural And Artificial Flavor, Beta Carotene [Color], Vitamin A Palmitate, Vitamin D3), Water, Sugar, Eggs, High Fructose Corn Syrup, Corn Syrup, Milk, Neufchatel Cheese (Cultured Pasteurized Milk And Cream, Salt, Carob Bean Gum), Contains 2% Or Less Of: Palm Oil, Yeast, Nonfat Milk, Salt, Monoglycerides, Tapioca Dextrin, Microcrystalline Cellulose, Milk Protein Concentrate, Cheese Culture, Natural And Artificial Flavors, Sodium Stearoyl Lactylate, Calcium Propionate And Potassium Sorbate (As Preservatives), Food Starch-Modified, Carob Bean Gum, Lactic Acid, Mono- And Diglycerides, Citric Acid, Agar, Whey, Soy Lecithin, Titanium Dioxide (For Color), Calcium Lactate, Lemon Juice Concentrate, Ascorbic Acid, Apocarotenal (For Color).

ALLERGENS: Wheat, Milk, Egg, and Soy. Processed On Shared Equipment That Process Products With Tree Nuts

Kosher: Yes – Circle U Dairy

Country of Origin: USA

Nutrition Facts

4 servings per container

Serving size 1 Danish (113g)

Amount per serving

Calories **410**

% Daily Value*

Total Fat 22g **28%**

Saturated Fat 9g **45%**

Trans Fat 0g

Cholesterol 25mg **8%**

Sodium 450mg **20%**

Total Carbohydrate 49g **18%**

Dietary Fiber 1g **4%**

Total Sugars 21g

Includes 20g Added Sugars **40%**

Protein 6g

Vitamin D 0mcg **0%**

Calcium 34mg **2%**

Iron 2mg **10%**

Potassium 82mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Tray



Case

July 2018



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PRODUCT SPECIFICATION SHEET

PRODUCT NAME: Bulk Red Raspberry Coffee House Danish

PCB PRODUCT NUMBER: 576

OUTER CASE UPC: 007-97884-57620-1

INNER PACK UPC: 007-97884-57619-5

INDIVIDUAL PRODUCT UPC: N/A

CASE PACK: 24/4 oz Danish

CASE SHIPPING WEIGHT: 7.9 lb

CASE NET WEIGHT: 6.0 lb

CASE CUBE: 0.80 ft³

OUTER CASE DIMENSIONS: 20.62" x 10.62" x 6.37"

INNER 12 PACK DIMENSIONS: 9.88" x 9.88" x 1.88"

PALLET: 40" x 48" standard GMA pallet; 8 cases per layer, 12 layers, 96 per pallet.

STORAGE REQUIREMENTS: Below 10°F

SHELF LIFE: 18 Months

THAWED SHELF LIFE: 1 Days (out of pack), 3 Days (in pack)



INGREDIENTS: Raspberry Filling (Water, High Fructose Corn Syrup, Sugar, Raspberries, Corn Syrup, Modified Food Starch, Natural Flavors, Cellulose Gum, Citric Acid, Potassium Sorbate [Preservative], Salt, Sodium Citrate), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Margarine (Palm Oil, Water, Soybean Oil, Salt, Contains Less Than 2% Of Mono- And Diglycerides, Soy Lecithin, Sodium Benzoate [Preservative], Citric Acid, Natural And Artificial Flavor, Beta Carotene [Color], Vitamin A Palmitate, Vitamin D3), Water, Sugar, Eggs, High Fructose Corn Syrup, Contains 2% Or Less Of: Corn Syrup, Yeast, Monoglycerides, Tapioca Dextrin, Palm Oil, Salt, Microcrystalline Cellulose, Natural And Artificial Flavors, Sodium Stearoyl Lactylate, Calcium Propionate And Potassium Sorbate (As Preservatives), Agar, Food Starch-Modified, Whey, Soybean Oil, Soy Lecithin, Titanium Dioxide (For Color), Nonfat Milk, Cellulose Gum, Baking Soda, Ascorbic Acid, Enzymes.

ALLERGENS: Wheat, Milk, Egg, And Soy. Processed On Shared Equipment That Process Products With Tree Nuts

Kosher: Yes – Circle U Dairy

Country of Origin: USA

Nutrition Facts

4 servings per container

Serving size 1 Danish (113g)

Amount per serving

Calories **370**

% Daily Value*

Total Fat 14g **18%**

Saturated Fat 7g **35%**

Trans Fat 0g

Cholesterol 15mg **5%**

Sodium 350mg **15%**

Total Carbohydrate 55g **20%**

Dietary Fiber 1g **4%**

Total Sugars 25g

Includes 24g Added Sugars **48%**

Protein 4g

Vitamin D 0mcg **0%**

Calcium 18mg **2%**

Iron 2mg **10%**

Potassium 77mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Tray



Case

July 2018



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PRODUCT SPECIFICATION SHEET

PRODUCT NAME: IW Cheese Streusel Down Home Muffin 4.5oz

PCB PRODUCT NUMBER: 454

OUTER CASE UPC: 7-97884-45420-2

INNER TRAY UPC: 7-97884-45419-6

INDIVIDUAL PRODUCT UPC: 7-97884-46718-9

CASE PACK: 8/6 PKS

CASE SHIPPING WEIGHT: 17.2 lb

CASE NET WEIGHT: 13.5 lb

CASE CUBE: 1.33 ft³

OUTER CASE DIMENSIONS: 17.06"x11.56"x11.63"

INNER TRAY DIMENSIONS: 10.83"x8.13"x2.60"

INDIVIDUAL PRODUCT DIMENSIONS: 3.25"x3.5"x2.5"

PALLET: 40" x 48" standard GMA pallet; 9 cases per layer, 8 layers, 72 per pallet.

STORAGE REQUIREMENTS: Below 10°F

SHELF LIFE: 18 Months

THAWED SHELF LIFE: 45 Days

INGREDIENTS: Sugar, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Eggs, Water, Bleached Enriched Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whey, High Fructose Corn Syrup, Contains 2% Or Less Of: Neufchatel Cheese (Cultured Pasteurized Milk And Cream, Salt, Carob Bean Gum), Milk, Glycerine, Food Starch-Modified, Nonfat Milk, Mono- And Diglycerides, Margarine (Palm Oil, Soybean Oil, Water, Salt, Contains Less Than 2% Of: Mono- And Diglycerides, Soy Lecithin, Sodium Benzoate [A Preservative], Citric Acid, Natural & Artificial Flavor, Vitamin A Palmitate, Beta Carotene [Color], Vitamin D3, Whey), Palm Oil, Natural And Artificial Flavor, Potassium Sorbate And Sodium Propionate (As Preservatives), Cream, Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Food Starch Modified, Citric Acid, Lactic Acid, Enzymes, Calcium Lactate, Lemon Juice Concentrate, Polysorbate 60.



Nutrition Facts

1 servings per container

Serving size 1 Muffin (128g)

Amount per serving

Calories **490**

% Daily Value*

Total Fat 23g **29%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 60mg **20%**

Sodium 350mg **15%**

Total Carbohydrate 63g **23%**

Dietary Fiber 1g **4%**

Total Sugars 35g

Includes 31g Added Sugars **62%**

Protein 7g

Vitamin D 0mcg **0%**

Calcium 62mg **4%**

Iron 2mg **10%**

Potassium 292mg **6%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALERGINS: Wheat, Eggs, Milk, Soy. This product has been processed on equipment that processes products with tree nuts.

Kosher: Yes

Country of Origin: USA

Piece



Tray



Case



Sept 2018

100 Fairway Dr. #138 – Vernon Hills, IL 60061

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PRODUCT SPECIFICATION SHEET

PRODUCT NAME: IW Chocolate Chip Down Home Muffin 4.5oz

PCB PRODUCT NUMBER: 455

OUTER CASE UPC: 7-97884-45520-9

INNER TRAY UPC: 7-97884-45519-3

INDIVIDUAL PRODUCT UPC: 7-97884-45518-6

CASE PACK: 8/6 PKS

CASE SHIPPING WEIGHT: 17.2 lb

CASE NET WEIGHT: 13.5 lb

CASE CUBE: 1.33 ft³

OUTER CASE DIMENSIONS: 17.06"x11.56"x11.63"

INNER TRAY DIMENSIONS: 10.83"x8.13"x2.60"

INDIVIDUAL PRODUCT DIMENSIONS: 3.25"x3.5"x2.5"

PALLET: 40" x 48" standard GMA pallet; 9 cases per layer, 8 layers, 72 per pallet.

STORAGE REQUIREMENTS: Below 10°F

SHELF LIFE: 18 Months

THAWED SHELF LIFE: 45 Days

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Chocolate Chips (Sugar, Chocolate Liquor, Dextrose, Cocoa Butter, Soy Lecithin, Vanilla Extract), Eggs, Water, Bleached Enriched Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), High Fructose Corn Syrup, Whey, Contains 2% Or Less Of: Food Starch-Modified, Glycerine, Mono- And Diglycerides, Nonfat Milk, Potassium Sorbate And Sodium Propionate (As Preservatives), Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Natural And Artificial Flavors, Citric Acid, Enzymes.

ALERGINS: Wheat, Eggs, Milk, Soy. This product has been processed on equipment that processes products with tree nuts.

Kosher: Yes

Country of Origin: USA



Nutrition Facts

1 servings per container

Serving size 1 Muffin (128g)

Amount per serving

Calories **500**

% Daily Value*

Total Fat 24g **31%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 55mg **18%**

Sodium 310mg **13%**

Total Carbohydrate 66g **24%**

Dietary Fiber 1g **4%**

Total Sugars 38g

Includes 35g Added Sugars **70%**

Protein 7g

Vitamin D 0mcg **0%**

Calcium 53mg **4%**

Iron 4mg **20%**

Potassium 323mg **6%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Piece



Tray



Case



Sept 2018

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PRODUCT SPECIFICATION

Chocolate Chip Monster Muffin

Chocolate Chip for breakfast??? You betcha! Try Prairie City Bakery's Big tasting Chocolate Chip Monster Muffins for your morning chocolate fix.



Inner UPC



Case UPC



Item UPC



Unit Weight 6.00 (oz.)

Units per case 48

Shelf Life 18 Months Frozen / 21 Days Ambient

Inner Case Pack 6

Net Case Weight 18lbs

Gross Case Wt 21.5lbs

Case Dimensions 18.94 x 13.56 x 14.06

Case Cube 2.09

Inner Pack Dimensions 13.08 x 8.82 x 3.16

Pallet tie/high 7/6

Ingredients

Sugar, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin and Folic Acid), Water, Soybean Oil, Chocolate Chips (Sugar, Chocolate Liquor, Dextrose, Cocoa Butter, Soy Lecithin, Vanilla Extract), Whole Eggs, Bleached Enriched Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), High Fructose Corn Syrup, Whey, Contains 2% or less of: Food Starch Modified, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Nonfat Milk, Emulsifier (Water, Propylene Glycol Mono-& Diesters, Mono-Diglycerides, Lactylic Esters of Fatty Acids, Potassium Sorbate), Salt, Natural and Artificial Flavors, Sodium Propionate and Potassium Sorbate (Preservatives), Xanthan Gum.

Allergens

Soy, Wheat, Egg, Milk.

This product has been processed on equipment that processes products containing tree nuts.

Kosher Status

yes

Preparation Instructions

Store frozen (not refrigerated). Thaw at room temperature for one hour prior to merchandising

Nutrition Facts	
Serving Size 1/2 Muffin (85g)	
Servings Per Container 2	
Amount Per Serving	
Calories 310	Calories from Fat 140
%Daily Value*	
Total Fat 15g	23%
Saturated Fat 3.5g	19%
Trans Fat 0g	
Cholesterol 35mg	11%
Sodium 220mg	9%
Total Carbohydrate 42g	14%
Dietary Fiber 1g	5%
Sugars 25g	
Protein 4g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 15%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carb	300g 375g
Dietary Fiber	25g 30g

Last Updated: 6/25/2015

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PRODUCT SPECIFICATION SHEET

PRODUCT NAME: IW Cinnamon Crumbcake Down Home Muffin 4.5oz

PCB PRODUCT NUMBER: 453

OUTER CASE UPC: 7-97884-45320-5

INNER TRAY UPC: 7-97884-45319-9

INDIVIDUAL PRODUCT UPC: 7-97884-46018-0

CASE PACK: 8/6 PKS

CASE SHIPPING WEIGHT: 17.2 lb

CASE NET WEIGHT: 13.5 lb

CASE CUBE: 1.33 ft³

OUTER CASE DIMENSIONS: 17.06"x11.56"x11.63"

INNER TRAY DIMENSIONS: 10.83"x8.13"x2.60"

INDIVIDUAL PRODUCT DIMENSIONS: 3.25"x3.5"x2.5"

PALLET: 40" x 48" standard GMA pallet; 9 cases per layer, 8 layers, 72 per pallet.

STORAGE REQUIREMENTS: Below 10°F

SHELF LIFE: 18 Months

THAWED SHELF LIFE: 45 Days

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Eggs, Water, Cinnamon Flake (Sugar, Modified Vegetable Oil [Palm Oil, Palm Kernel Oil], Cinnamon, Soy Lecithin), Bleached Enriched Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), High Fructose Corn Syrup, Whey, Contains 2% Or Less Of: Food Starch-Modified, Glycerine, Margarine (Palm Oil, Water, Soybean Oil, Salt, Contains Less Than 2% Of Mono- And Diglycerides, Soy Lecithin, Sodium Benzoate [Preservative], Citric Acid, Natural And Artificial Flavor, Beta Carotene [Color], Vitamin A Palmitate, Vitamin D3), Mono- And Diglycerides, Nonfat Milk, Potassium Sorbate And Sodium Propionate (As Preservatives), Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Natural And Artificial Flavors, Citric Acid, Cinnamon, Enzymes.

ALLERGENS: Wheat, Eggs, Milk, Soy. This product has been processed on equipment that processes products with tree nuts.

Kosher: Yes

Country of Origin: USA



Nutrition Facts

1 servings per container

Serving size 1 Muffin (128g)

Amount per serving

Calories **510**

% Daily Value*

Total Fat 24g	31%
Saturated Fat 6g	30%
Trans Fat 0g	

Cholesterol 55mg	18%
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Sodium 320mg	14%
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Total Carbohydrate 67g	24%
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Dietary Fiber 1g	4%
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Total Sugars 39g	
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Includes 36g Added Sugars	72%
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Protein 6g	
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Vitamin D 0mcg	0%
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Calcium 59mg	4%
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Iron 2mg	10%
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Potassium 264mg	6%
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*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Piece



Tray



Case



Sept 2018

100 Fairway Dr. #138 – Vernon Hills, IL 60061

1-847-573-9640 www.pcbakery.com



It's always a great day on the Prairie...



PRODUCT SPECIFICATION SHEET

PRODUCT NAME: IW Ooey Gooley Cheese Danish 4oz

PCB PRODUCT NUMBER: 557

OUTER CASE UPC: 7-97884-55720-0

INNER TRAY UPC: 7-97884-55719-4

INDIVIDUAL PRODUCT UPC: 7-97884-55118-5

CASE PACK: 8/6 PKS

CASE SHIPPING WEIGHT: 17.85 lb

CASE NET WEIGHT: 12.0 lb

CASE CUBE: 2.09 ft³

OUTER CASE DIMENSIONS: 18.94" x 13.56" x 14.06"

INNER TRAY DIMENSIONS: 13.08" X 8.82" X 3.16"

INDIVIDUAL PRODUCT DIMENSIONS: 4.0" x 4.5" x 1.0"

PALLET: 40" x 48" standard GMA pallet; 7 cases per layer, 6 layers, 42 per pallet.

STORAGE REQUIREMENTS: Below 10°F

SHELF LIFE: 18 Months

THAWED SHELF LIFE: 45 Days

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Margarine (Palm Oil, Soybean Oil, Water, Salt, Contains Less Than 2% Of: Mono- And Diglycerides, Soy Lecithin, Sodium Benzoate [A Preservative], Citric Acid, Natural & Artificial Flavor, Vitamin A Palmitate, Beta Carotene [Color], Vitamin D3, Whey), Sugar, Neufchatel Cheese (Cultured Pasteurized Milk And Cream, Salt, Carob Bean Gum), Water, Eggs, High Fructose Corn Syrup, Contains 2% Or Less Of: Corn Syrup, Yeast, Whey, Glycerine, Salt, Palm Oil, Soy Lecithin, Food Starch-Modified, Tapioca Dextrin, Microcrystalline Cellulose, Monoglycerides, Nonfat Milk, Natural And Artificial Flavors, Calcium Propionate And Potassium Sorbate (As Preservatives), Sodium Stearoyl Lactylate, Lactic Acid, Agar, Lemon Juice Concentrate, Calcium Lactate, Titanium Dioxide (For Color), Ascorbic Acid.

ALERGINS: Wheat, Eggs, Milk, Soy. This product has been processed on equipment that processes products containing nuts.

Kosher: Yes

Country of Origin: USA



Nutrition Facts

2 Servings Per Container

Serving size

1/2 Roll (57g)

	1/2 Roll		Entire Roll	
Calories	230		470	
	% Daily Value*		% Daily Value*	
Total Fat	12g	15%	24g	31%
Saturated Fat	5g	25%	11g	55%
Trans Fat	0g		0g	
Cholesterol	25mg	8%	45mg	15%
Sodium	290mg	13%	570mg	25%
Total Carbohydrate	29g	11%	57g	21%
Dietary Fiber	0g	0%	1g	4%
Total Sugars	14g		28g	
Includes Added Sugars	13g	26%	26g	52%
Protein	4g		7g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	25mg	2%	51mg	4%
Iron	1mg	6%	2mg	10%
Potassium	80mg	2%	160mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Piece



Tray



Case

June 2018

100 Fairway Dr. #138 – Vernon Hills, IL 60061

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PRODUCT SPECIFICATION SHEET

PRODUCT NAME: IW Ooey Gooley Cinnamon Roll 4oz

PCB PRODUCT NUMBER: 564

OUTER CASE UPC: 7-97884-56420-8

INNER TRAY UPC: 7-97884-56419-2

INDIVIDUAL PRODUCT UPC: 7-97884-56418-5

CASE PACK: 8/6 PKS

CASE SHIPPING WEIGHT: 16.9 lb

CASE NET WEIGHT: 12.0 lb

CASE CUBE: 2.09 ft³

OUTER CASE DIMENSIONS: 18.94" x 13.56" x 14.06"

INNER TRAY DIMENSIONS: 13.08" X 8.82" X 3.16"

INDIVIDUAL PRODUCT DIMENSIONS: 4.5" x 4.75" x 2.0"

PALLET: 40" x 48" standard GMA pallet; 7 cases per layer, 6 layers, 42 per pallet.

STORAGE REQUIREMENTS: Below 10°F

SHELF LIFE: 18 Months

THAWED SHELF LIFE: 45 Days

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Margarine (Palm Oil, Water, Soybean Oil, Salt, Contains Less Than 2% Of Mono- And Diglycerides, Soy Lecithin, Sodium Benzoate [Preservative], Citric Acid, Natural And Artificial Flavor, Beta Carotene [Color], Vitamin A Palmitate, Vitamin D3), Sugar, Water, Eggs, High Fructose Corn Syrup, Egg Whites, Corn Syrup, Contains 2% Or Less Of: Brown Sugar, Yeast, Cinnamon, Food Starch-Modified, Salt, Palm Oil, Soy Lecithin, Tapioca Dextrin, Glycerine, Mono- And Diglycerides, Microcrystalline Cellulose, Monoglycerides, Calcium Propionate And Potassium Sorbate (As Preservatives), Sodium Stearoyl Lactylate, Natural Flavors, Agar, Whey, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Titanium Dioxide (For Color), Nonfat Milk, Ascorbic Acid.

ALERGINS: Wheat, Eggs, Milk, Soy. This product has been processed on equipment that processes products containing nuts.

Kosher: Yes

Country of Origin: USA



Nutrition Facts

2 Servings Per Container

Serving size

1/2 Roll (57g)

	1/2 Roll	Entire Roll
Calories	210	420
	% Daily Value*	% Daily Value*
Total Fat	11g	21g
	14%	27%
Saturated Fat	4.5g	9g
	22%	43%
Trans Fat	0g	0g
Cholesterol	15mg	30mg
	5%	9%
Sodium	300mg	600mg
	13%	26%
Total Carbohydrate	26g	53g
	10%	19%
Dietary Fiber	0g	1g
	1%	3%
Total Sugars	14g	27g
Includes Added Sugars	13g	27g
	27%	53%
Protein	3g	5g
Vitamin D	0mcg	0mcg
	0%	0%
Calcium	15mg	31mg
	2%	2%
Iron	1mg	2mg
	6%	10%
Potassium	46mg	92mg
	0%	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Piece



Tray



Case

July 2018



100 Fairway Dr. #138 – Vernon Hills, IL 60061

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PRODUCT SPECIFICATION SHEET

PRODUCT NAME: IW Ooey Goopy Raspberry Danish 4oz

PCB PRODUCT NUMBER: 558

OUTER CASE UPC: 7-97884-55820-7

INNER TRAY UPC: 7-97884-55819-1

INDIVIDUAL PRODUCT UPC: 7-97884-55618-0

CASE PACK: 8/6 PKS

CASE SHIPPING WEIGHT: 17.85 lb

CASE NET WEIGHT: 12.0 lb

CASE CUBE: 2.09 ft³

OUTER CASE DIMENSIONS: 18.94" x 13.56" x 14.06"

INNER TRAY DIMENSIONS: 13.08" X 8.82" X 3.16"

INDIVIDUAL PRODUCT DIMENSIONS: 4.0" x 4.5" x 1.0"

PALLET: 40" x 48" standard GMA pallet; 7 cases per layer, 6 layers, 42 per pallet.

STORAGE REQUIREMENTS: Below 10°F

SHELF LIFE: 18 Months

THAWED SHELF LIFE: 45 Days

INGREDIENTS: Raspberry Filling (High Fructose Corn Syrup, Sugar, Raspberries, Water, Modified Food Starch, Contains 2% Or Less Of: Citric Acid, Gellan Gum, Natural Flavor, Sodium Citrate, Sodium Benzoate [Preservative], Red #40, Blue #1), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Margarine (Palm Oil, Water, Soybean Oil, Salt, Contains Less Than 2% Of Mono- And Diglycerides, Soy Lecithin, Sodium Benzoate [Preservative], Citric Acid, Natural And Artificial Flavor, Beta Carotene [Color], Vitamin A Palmitate, Vitamin D3), Water, Sugar, Eggs, High Fructose Corn Syrup, Contains 2% Or Less Of: Corn Syrup, Yeast, Salt, Palm Oil, Soy Lecithin, Tapioca Dextrin, Glycerine, Microcrystalline Cellulose, Monoglycerides, Calcium Propionate And Potassium Sorbate (As Preservatives), Sodium Stearoyl Lactylate, Agar, Food Starch-Modified, Artificial Flavor, Whey, Titanium Dioxide (For Color), Nonfat Milk, Ascorbic Acid.



Nutrition Facts

2 Servings Per Container

Serving size

1/2 Roll (57g)

	1/2 Roll		Entire Roll	
	210		420	
	% Daily Value*		% Daily Value*	
Calories				
Total Fat	9g	12%	17g	22%
Saturated Fat	3.5g	18%	7g	35%
Trans Fat	0g		0g	
Cholesterol	10mg	3%	25mg	8%
Sodium	250mg	11%	490mg	21%
Total Carbohydrate	32g	12%	64g	23%
Dietary Fiber	1g	4%	1g	4%
Total Sugars	17g		34g	
Includes Added Sugars	17g	34%	33g	66%
Protein	2g		5g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	10mg	0%	20mg	2%
Iron	1mg	6%	2mg	10%
Potassium	47mg	2%	94mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS: Wheat, Eggs, Milk, Soy. This product has been processed on equipment that processes products containing nuts.

Kosher: Yes

Country of Origin: USA



Piece



Tray



Case

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